King County	Department of Adult and Juvenile Detention Adult Division General Policy Manual	
	Chapter 8 **Inmate Programs**	
8.03.003 Inmate Recreation	Approved By:	Director John Diaz
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Purpose
To provide an opportunity for inmates to relieve mental and emotional pressures through the use of recreational games and physical exercise.

Policy
It is the policy of this Department that each inmate shall be provided an opportunity for physical exercise to be scheduled in accordance with state law, court settlements and industry standards.

References

WAC:	137-32-030.1f Conditions of Confinement
RCW:	70.48.071
Court Settlement:	Bachmeier, et al., 1999
DAJD Policy:	6.03.001, Restrictive Housing

Definitions
Restrictive Housing (RH): A management routine and housing assignment separate from other inmates. This placement and classification are a managerial (administrative) decision applied to an inmate(s) whose continued presence in general population presents a serious threat to staff, self, other inmates, or property.

A. General Guidelines

1. At the Kent Division, Unit Officers will pick up recreation supplies for the inmates, such as basketballs, board games, cards, and art supplies. Supplies are located in the Corrections Programs Administrator's Office.
2. At the Seattle Division, the Corrections Program's Administrator (CPA) or their designee, in accordance with the inmate's individual security status, shall:
   a. Determine the eligibility of inmates for recreational programs.
   b. Coordinate recreation scheduling.
   c. Schedule special custody dayroom time.
   d. Post the schedules.
3. Officers shall immediately notify the Duty Sergeant if any recreational equipment or parts that may be utilized as a weapon are unaccounted for.
4. Officers shall immediately file a report on the missing or damaged equipment and

forward the report through the Chain of Command with a copy sent to DAJD Finance Office.

B. Inmate Recreation Activities

1. Outdoor recreation includes basketball, walking, jogging, and a pull-up bar in limited housing areas.
2. Indoor recreation may consist of various board games, assorted cards, puzzles, art paper, and colored pencils.
3. Recreation is available to general population during rack out times.
4. Recreation is available to Restrictive Housing and medical inmates, with scheduling provided by the CPA or designee.

C. General Population

1. General population inmates will normally receive three hours of recreation per week.
2. A recreation schedule will be posted at each Control or Staff Station, and inmate group housing areas.

D. Special Custody Inmates

1. Inmates housed in Special Custody area, i.e. Protective Custody, Ultra-Security, Restrictive Housing, Developmental, Psychiatric, Suicidal, or Medical, may require special scheduling, individual exercise programs and special equipment.
2. Each Special Custody group will have a separate schedule provided by the CPA or their designee. The schedule will be given to Floor Control and the housing unit Officer and posted in the dayroom, when appropriate.
3. Corrections Program Specialists (CPS) will house inmates according to their security level, which will determine the inmate's recreational privilege.
4. Restrictive Housing individual rack inmates will normally be scheduled for three hours of individual recreation per week.
5. Max Group inmates will be scheduled for access to outdoor recreation with their split group and will be scheduled three hours per week.
6. Protective Custody group inmates will have access to outdoor recreation as a group and scheduled three hours per week.
7. Ultra-Security inmates located on the 11th floor only shall be scheduled for five hours of individual recreation per week in compliance with court settlement.

E. Recreational Equipment, and Games

1. Items used in the jail for recreation programs shall be authorized by the CPA or their designee and approved by the Administrative Captain.
2. The CPA or their designee is responsible for purchasing and distributing equipment and games.

F. Yard Inspections and Repairs

The Officer shall:

a. Inspect activity areas and recreation yards for potential security breaches, damage and concerns. This shall be done on a daily basis at the beginning of each shift.
b. Notify the Duty Sergeant and log any concerns or breaches of security in the Floor Control logbook immediately.
c. Along with the Duty Sergeant, determine the need to close the yard and coordinate any shakedowns.
d. All inmates will be escorted and/or restrained based on their security level and per Department policy 4.03.009, Restraints.